

## DRT/MAT as it Relates to NA : Helping Members Take Root

1. What were some of the ways you felt your membership was challenged early in your recovery, and what made you “stick and stay”?
2. How do we help people feel rooted and secure in NA?
3. What is one thing that was shared that stood out for you in the small group discussion?
4. As a program of complete abstinence, how do we help people feel included enough to be able to choose whether to be an NA member?
5. How do we help each other understand membership and take root in NA?

If we don't have time to consider these together, maybe think about them later today, or at your home group:

6. How do we make space for a newcomer to surrender – even if it takes a long time?
7. How can we set aside some of our own fear and judgment about members who come in on DRT/MAT to focus on helping addicts find a home in NA?

[www.na.org/idt](http://www.na.org/idt)

Don't forget to fill out the form at [www.na.org/survey](http://www.na.org/survey)

**CREATING**  
OUR **FUTURE**